

Scheduled to Serve, January 12, 2020
If unable to serve, call: Shannon Brownfield, 391-1979
Please meet in the copy room 10 minutes before worship begins.

<u>Lord's Table</u> <u>Preside</u> Chris Saunders	<u>Prayers</u> AM Open: Robert Williams AM Close: Kiley Keener PM Close: Chris Quattlebaum Wed Close: David Kernodle	<u>Technology Booth</u> Audio Visual: Travis Prewitt Power Point: Clint Howard
<u>Serve</u> Marty Burlsworth David Glenn Robin Haller Bill Youngblood Eric Jones Matt Willmott Ron Lenderman Todd Komar	<u>Scripture Reading</u> Joseph Jenkins	<u>PM Nursery Helpers</u> Brenda Lenderman Laura Ragland
<u>Alternates</u> Beau Bennett Ken Collins	<u>Song Leader</u> P.M./Wed: David Keown	<u>Worship Attendance</u> Sunday: 10:00 a.m. – 334 6:00 p.m. – 192 Classes: 9:00 a.m. – 182 Wed.: 6:30 p.m. – 101
	<u>Wed Announcements</u> 1/15: Bob Seesongood	<u>Contribution</u> 12/29: \$9,165.12 1/05: \$12,979.20
<u>Usher</u> Brian Calvert Roger Cunningham Jim Johnson David Kernodle	<u>Greeters</u> Lucas & Nikki Collins Heather Hulsey	

Golden Years Class meets each Tuesday at 10:30 a.m. in the Activity Building.

Minister Steve Powers Home – 741-3471 steve@northside.email	Associate/Youth Minister Jason Hart Home – 270-293-4711 jasonhart@me.com	Missionary Rusty McMillan - Honduras rusty_mcmillan@yahoo.com Edgar Garay Margarito Bautista
Elders: Sam Alexander Ken Collins Harold Johnson Larry Keener Scott Miller Richie Poe	Deacons: David Bell Shannon Brownfield Brian Calvert William Clark Sawyer Deakins Heath Gipson Clint Howard David Kernodle	 Chris Middleton David Presley Travis Prewitt T.J. Pulliam Rick Quattlebaum Cub Scott Chuck Thomas

Northside Church of Christ
PO Box 757
Harrison, Arkansas 72602
(Return Service Requested)

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Northside Church of Christ

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Family News

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thenorthsidechurchofchrist.org

No. 2 January 8, 2020

Laughter

Laughter turns out to be rather hard to define and pin down. Sure, we all laugh; sure, we all know that we tend to feel better after laughing ourselves silly at a ridiculous family joke. But what is it exactly?

From a very young age upwards, sometimes as early as a few weeks old, babies will laugh - new parents and doting grandparents love this - and here we see one of laughter’s principle mechanisms. It binds people together. If we can laugh together with another person, then we are a team, likely to remain one for the foreseeable future.

If you laugh, you trust - we can all relate to how we felt as the only ones to laugh, and how awkward that can be. Have you ever had a fit of the giggles at a totally inappropriate moment, especially somewhere where it is not allowed?

Laughter is involuntary (it’s hard to prevent ourselves, once we get going); it’s also infectious. Many people will start to laugh when a friend or family member starts - and often without knowing the reason for the hilarity (which makes it all the funnier!)

In physiological terms, it works something like this - a person is confronted with a potential danger, which is then suddenly removed, the resulting ‘relief’ translates into our laugh. This requires empathy - so when you are listening to the joke, you need to be able to feel along with the people in it, and identify with them, experiencing the relief moment with them. An audience will not laugh at a joke if they feel unsafe, or if the premise is unclear. A joke loses its punch when it has to be explained!

Laughter is a powerful tool - it binds, creating solidarity and a shared identity; it is therapeutic, causing your body to let go of stress; it can numb pain (endorphins and other chemical substances are released in large quantities). There are few negative effects - sometimes children will make others laugh till they cry and lose all bodily control - and although that is embarrassing, most people forget and rejoice in the strengthened

Continued on inside right

FAMILY NEWS & EVENTS

THANK YOU

• Dear Northside Family, On January 11th, I will be moving to Little Rock for a job transfer. Before I leave, I wanted to thank you all for being such a blessing to me while growing up. Each one of you have helped show me how Christians should live and love. Thank you all for your help on my spiritual journey. Love you all! Samuel Horne

• Thank you, church family, for all your prayers for healing during my recovery from a fall. And a special thank you to those who sent cards, brought meals and visited us. All were great expressions of love. Your sister in Christ, Bonnie Hirsch

• The plant you sent to honor Mary Clark is deeply appreciated. Much love, Will, Brenda, Patrick and family

DEACONS MEETING

This Sunday January 12, @ 5pm

A NORTHSIDE MEN'S CONFERENCE

A Dynamic Servant's Conference has been scheduled for men desiring to be more active in their service at Northside. Aubrey Johnson from The Old Hickory Church of Christ in Nashville, TN will be conducting the conference to be held Friday evening Feb 28, and Sat. morning Feb 29 at the Activity Building. All men, desiring to improve in serving, are encouraged to attend. Please let any of the elders or the church office know by Jan. 26 if you plan to attend.

CONTRIBUTION WITH DIRECT DEPOSIT

We will continue offering the option to have your contribution direct deposited to Northside in 2020. Several members used this service in 2019. It works just like other automatic deposits or debits with your checking account. If you are interested in setting up your contribution to automatically debit your account or if you have any questions, please contact Chris Middleton.

WINTER WEATHER REMINDER

Our building will be open at our regular meeting times for those who wish to worship and study together regardless of the weather conditions. Bible classes for all age groups will be held if teachers are available. However, we encourage members to use their own best judgment as to whether the local roads, as well as our sidewalks and parking lot, will allow safe attendance. The Elders

PRAYER LIST

CURRENT

William Clark and Whitney Pulliam & their families – *recovering from kidney transplant surgery*

William Clark Family- *the passing of his father Tom.*

Virginia Parker Family-*Lila Nettell & Melvin Wilson's cousin passed away.*

ER Taylor- *is having back surgery Mon. Jan 13, @ Springfield*

RETIREMENT CENTER/ NURSING HOME/ASSISTED LIVING

Ella Dunlap
Charlotte Gregory
Shirley Jordan
Retha Keener
Johnny LeMay
Faye McLaughlin
Phil Powers
Nelda Young Smith

AT HOME

Ann Cash
Faye Kisner
Frank Mangrum
Zella Montgomery
Mildred Oser
Rochelle Powers
Ruth Pratt

SYMPATHY

Our sympathy is extended William Clark and family over the passing of his father Tom Clark. Visitation Friday 1/10 @ Christeson's 6-7pm, Funeral @ 11am Sat. @ Mary Mother of God Catholic Church.

Names on the prayer list will generally appear for a few weeks. Please call the office if you would like for names to appear longer.

ONGOING

Atkins family
Jim Bennett – *cancer*
Bob Brown-*cancer*
Jason Boernson- *cancer*
Roy & Ricky Castellano – *cancer*
Priscilla Collier – *M.S.*
Lisa Eastridge – *surgery*
Marie Dumdey
Major Matt Eddings
Imogene & Wayne (*cancer*) Ellis
Sybil Gaskill
Danny Godfrey – *cancer*
Tom & Betty Grayson
Dawn Greer
Ronald & Mary Ann Greer
Micah Hart
Karen Helms
Pat Long
Frank Mangrum
Carmen McCune
Brenda Patton
Ada Xiomara Perez
Ruth Pratt
Bud Walsh
Terry Whithead – *cancer*
Mary Jo Whiteside – *cancer*
Julie Willhite – *cancer*
Jeannie Wray

YOUTH NEWS

7th GRADE & UP

Y.O.U. DEADLINE

Please sign up for Y.O.U. by Jan. 12. Y.O.U. will be Jan. 24-26

6TH & UNDER

Center Stage: Sunday Jan. 12 @ evening service, Sawyer Deakins will be leading.

Planning Event: Sunday Jan. 19th, 7:15-9:15pm @ Bounce Mania, after evening worship. Dinner and drinks will be provided. Please remember to wear or bring socks.

LIFT EVENT: Hot Cocoa Bar & Mug Swap- For ladies' high school age & up, Jan. 25th @ 6:30 in the Activity Building. Details are on bulletin board. Please sign up so we know how many to prepare for.

HELP NEEDED:

We are still in need of volunteers to help out in the Food Pantry, if you are able and willing to help in this worthwhile cause, please sign up on bulletin board.

OVERVIEW OF WORLD RELIGIONS A new Sunday night series will begin this week. Come learn & become informed about the major world religions.

Laughter, *continued from front page*

sense of belonging that laughing brings with it.

I have had very few times when I have had side-stitching, uncontrollable laughter. But when I did, those moments were emotionally cleansing and, simply, a taste of pure joy.

Christian people have every reason to be happy and joyful. Jesus offers forgiveness and unconditional love. Eternal life awaits those who faithfully endure through tribulation. Happiness is determined by what we choose to see and focus upon. When we look for reasons to be miserable, we always find them. When we look for reasons to be happy, we always find them, too.

In 2020, let's laugh more. Laughing will reveal the joyful hearts we have because we are in Christ.

"Our mouths were filled with laughter, our tongues with songs of joy. Psalm 126:2 NIV

Stephen Powers

FUNERAL DINNER COORDINATORS

January:

Linda Goings, Dawn Jones, Jewell McAnally, Elaine Murphy